

ContactEZ *Dental Strips* are reusable for up to 3-5 times, and should be sterilized before the first use and again between each re-use. Please follow these instructions to clean your ContactEZ *Dental Strips*, either by hand or in an automatic washer, and then sterilize them in a standard steam heat autoclave.

Cleaning

Option A. Clean ContactEZ *Dental Strips* by hand.

Step 1. Holding the ContactEZ *Dental Strips* under a faucet, run regular tap water over each strip, and scrub the stainless steel surface using a brush.



Step 2. Clean the ContactEZ *Dental Strips* using General Cleaning Solution in an Ultrasonic Tank for 10 - 20 minutes. Then rinse the ContactEZ *Dental Strips* under a faucet with regular running tap water.



Option B. Alternatively, you can clean ContactEZ *Dental Strips* in an Automatic Washer.

Sterilization

Step 1. After cleaning, sterilize the ContactEZ *Dental Strips* in a standard steam heat autoclave (not dry heat) at 30 psi max for 10 minutes, with a maximum temperature of 270°F/132°C. ContactEZ recommends using distilled water in the autoclave.



Step 2. Allow the ContactEZ *Dental Strips* to cool down for a period of 5 minutes once the sterilization process is complete.



Step 3. Remove the ContactEZ *Dental Strips* from the autoclave by gloved hand. The strips are now ready to use.



Disposal

When the diamond powder has worn off of the stainless steel strip, ContactEZ *Dental Strips* may be disposed of with normal waste products.